

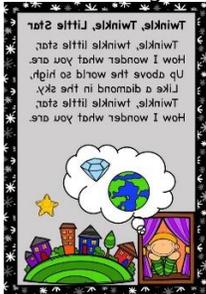
Super Tots "At-Home-Work"

Hi everyone! This week our theme is Space.

Hello Astronauts! Get ready to explore. We'll travel around the universe, so go right out the door. You'll have to look upwards, into the night sky. And if you're really lucky, you'll see the stars go by. Climb aboard your rocket ship, buckle up your seat. Get ready to blast off, you're in for quite a treat. Don't forget your helmet, now kiss your Mom goodbye, it's time for an adventure, we're headed to the sky!

Take a little time each day to practice writing their name and recognizing the letters & numbers. Have fun and don't forget to read a book together every day!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Letter V -V is for vegetable! How many Veggies do you like?</p> <p>Night watch -Go outside and look up. What do you see? Binoculars can sometimes be better than a telescope for looking at the stars. Watch the moon every night for a week and notice how it changes. Did you make a wish on the shooting star?</p> <p>Telescope -Make a telescope out of toilet paper rolls. You can paint, color or collage.</p> 	<p>Create your own "Solar system" snack</p>  <p>Solar System -Cut and glue the Solar System together. You might notice Pluto is missing. Some scientist say it's not a planet others say it is. What do you think?</p> <p>Marble roll planet -Cut a circle and place in a box. Place a marble or small ball into paint and then drop on to the circle. Gently tip the box back and forth.</p> 	<p>*Number 18 -Draw a picture of space and put 18 stars and all 9 planets in it.</p> <p>Solar System -song</p> <div data-bbox="672 913 919 1236" style="border: 1px dashed black; padding: 5px;"> <p>Solar System in Motion (Going to "The Farmer in the Dell")</p> <p>The Earth turns around, The Earth turns around Once a day, every day, The Earth turns around.</p> <p>The moon goes round the Earth, The moon goes round the Earth, Once a month, every month, The moon goes round the Earth.</p> <p>The Earth goes round the sun, The Earth goes round the sun, Once a year, every year, The Earth goes round the sun.</p> <p><small>By Mike Godwin</small></p>  </div> <p>Cloud dough recipe 4 cups of flour 1/2 cup of baby oil small pebbles or rocks Round cake pan Mix flour and baby oil together.</p> 	<p>Star names -cut out stars and write each letter of your name on a different star. Have a grown up hide them around your house and when you find them put them in order to spell you name.</p> <p>Astronaut -Color the Astronaut and draw your face in the helmet.</p>  <p>Straw rockets -Color the rocket and cut it out. Make a packet on the back for the straw to go into. (You can use the straw wrapper) Insert the straw and blow. How far does your rocket go?</p> 	<p>Twinkle, Twinkle Little Star -song</p>  <p>Star Movement -Cut out stars and tape them to the floor. Have your child jump from star to star.</p> <p>Silly aliens -It's a great way to recycle all of those plastic eggs. Get creative and have fun! What are you going to name your alien?</p> 

Space Yoga

1. EXTENDED MOUNTAIN POSE - PRETEND TO BE THE SUN:

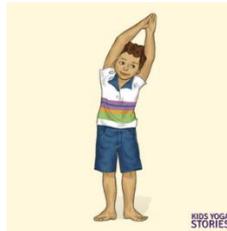
Stand tall in Mountain Pose, look up, take your arms straight up to the sky, and touch your palms together. Pretend to look up to the **sun**.



2. CRESCENT MOON POSE - PRETEND TO BE THE MOON:

Stand tall with legs hip-width apart, feet facing forward, and straighten your arms alongside your body. Reach your arms up high over your head, bringing your palms together. Tilt your upper body to one side, pretending to be the **moon**.

Come back to center. Tilt your body to the other side.



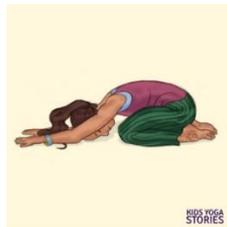
3. WARRIOR 3 POSE - PRETEND TO BE A SHOOTING STAR:

Stand on one leg. Extend the other leg behind you, flexing your foot. Bend your torso forward and take your arms back alongside your body. Pretend you are falling through the sky like a **shooting star**. Switch sides and repeat the steps.



4. EXTENDED CHILD'S POSE - PRETEND TO BE A COMET:

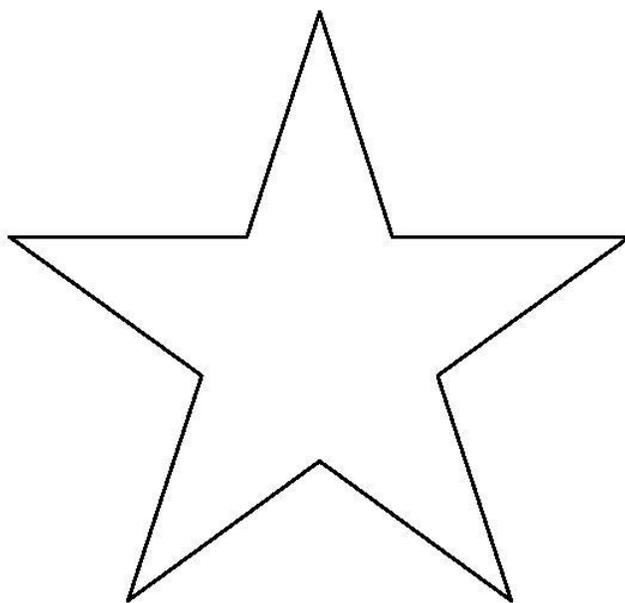
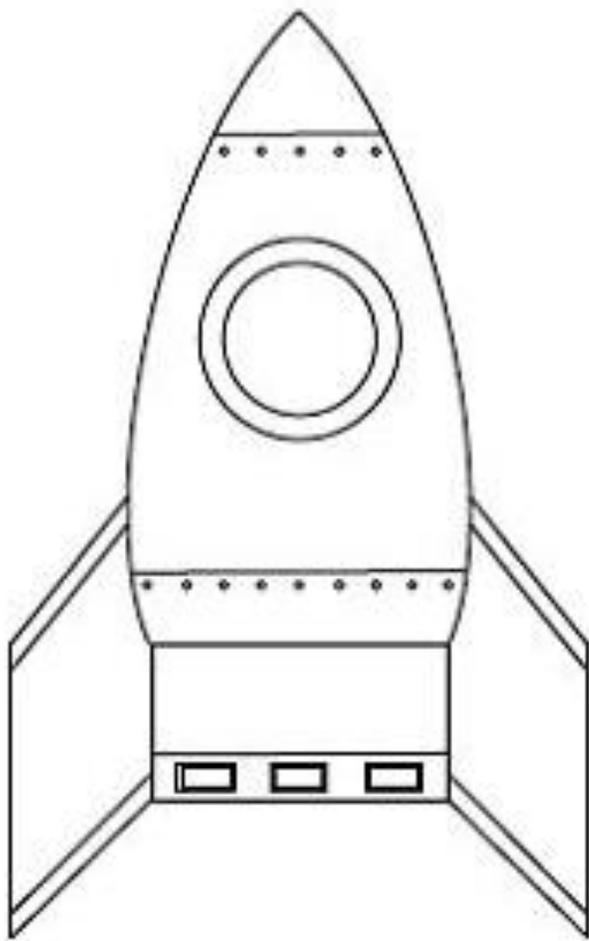
Sit on your heels, slowly bring your forehead down to rest in front of your knees, place the palms of your hands flat out in front of you, and take a few deep breaths. Imagine your arms being the "tail" of gas and dust particles coming out of a **comet**.

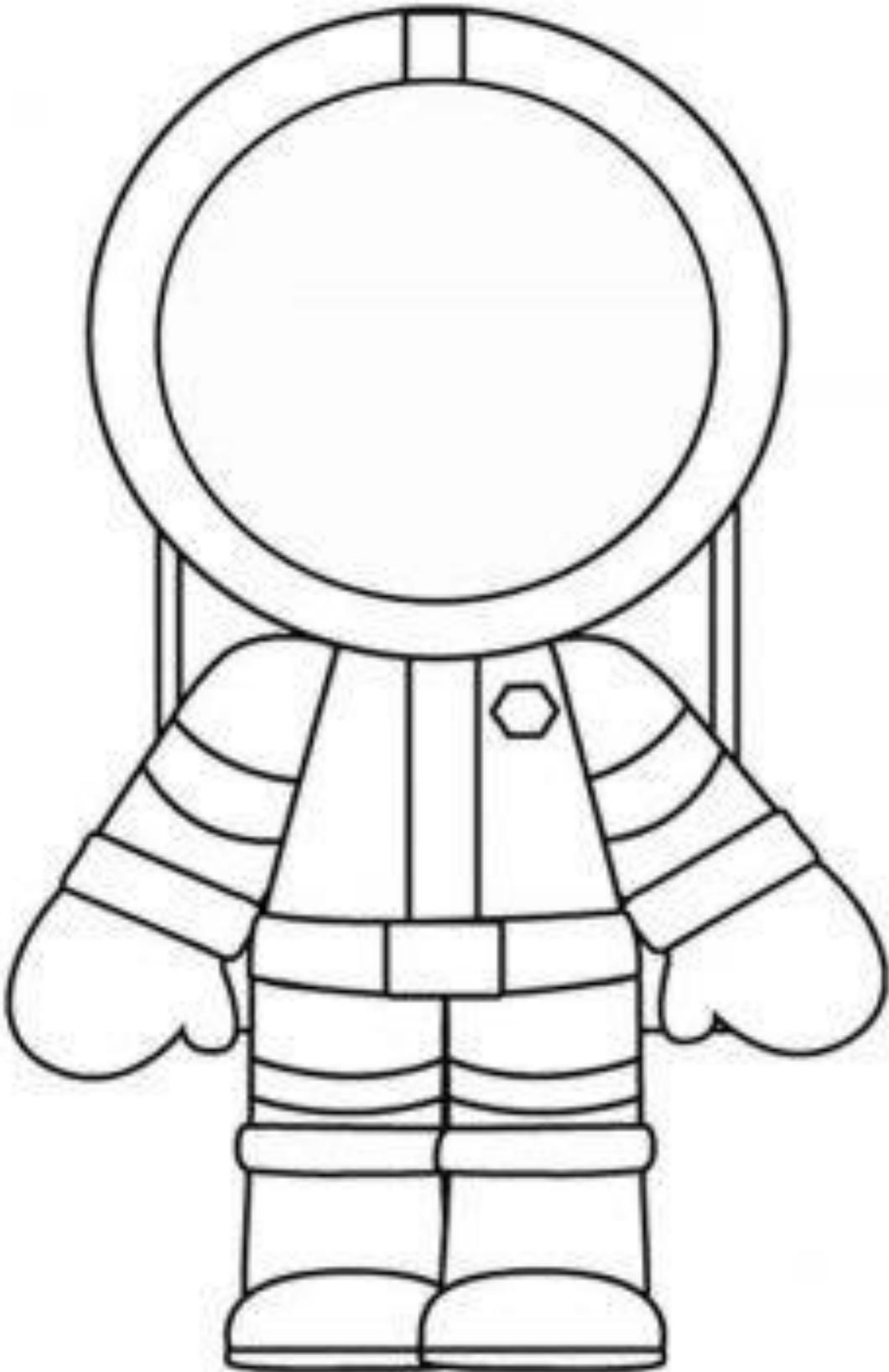


5. CHILD'S POSE - PRETEND TO BE AN ASTEROID:

Sit on your heels, slowly bring your forehead down to rest on the floor in front of your knees, rest your arms down alongside your body, and take a few deep breaths. Pretend to be an **asteroid** in the dark sky.

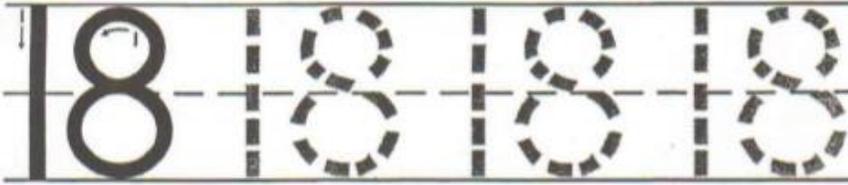




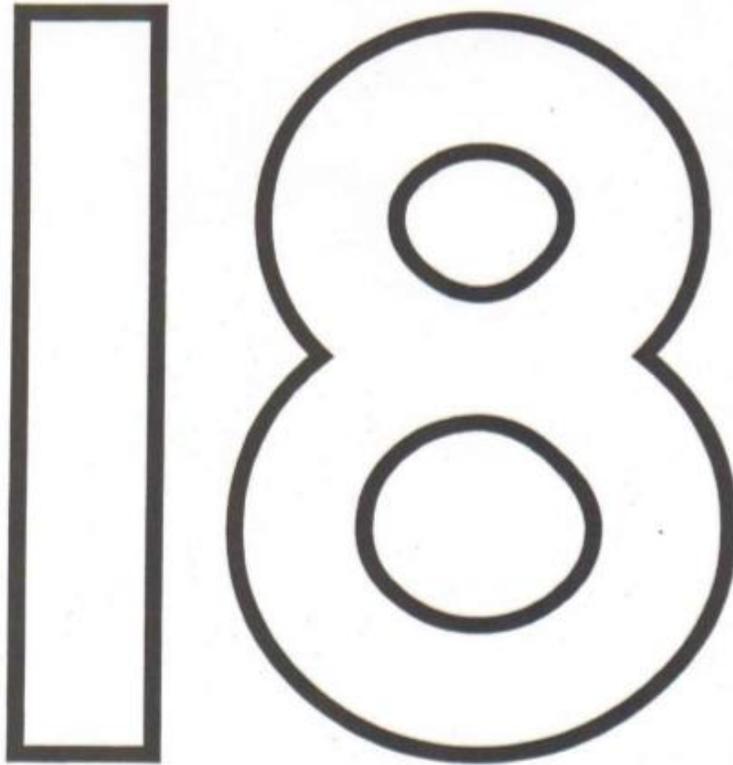


Name _____

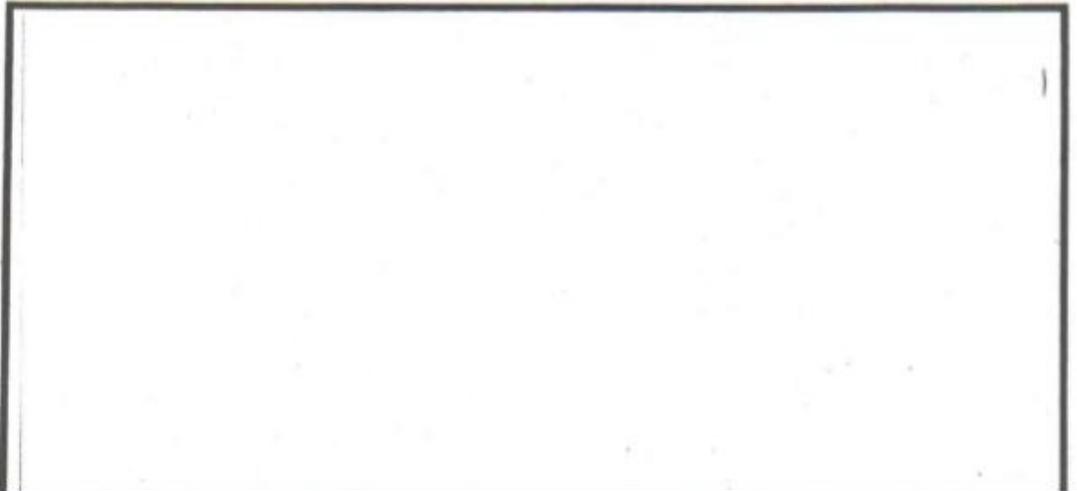
Trace and write the number eighteen.



Color the number eighteen.

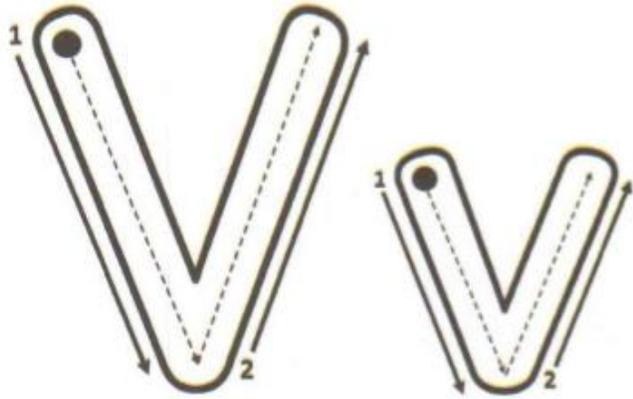


**Count
to
18!**



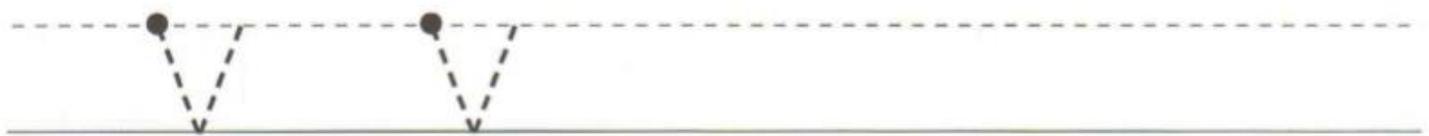
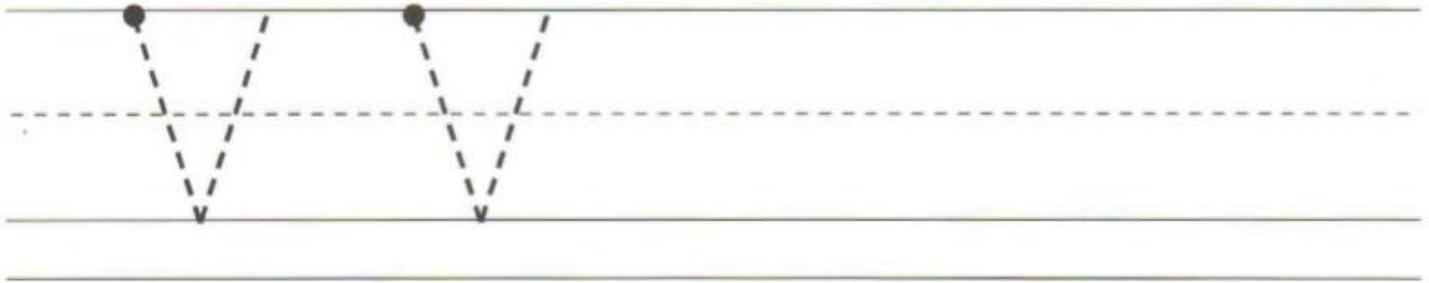
Name _____

Letter Review

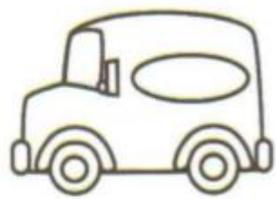
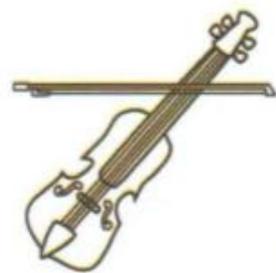


Find the letter

V	g	V	v
l	v	A	V
P	V	v	q
v	o	V	v



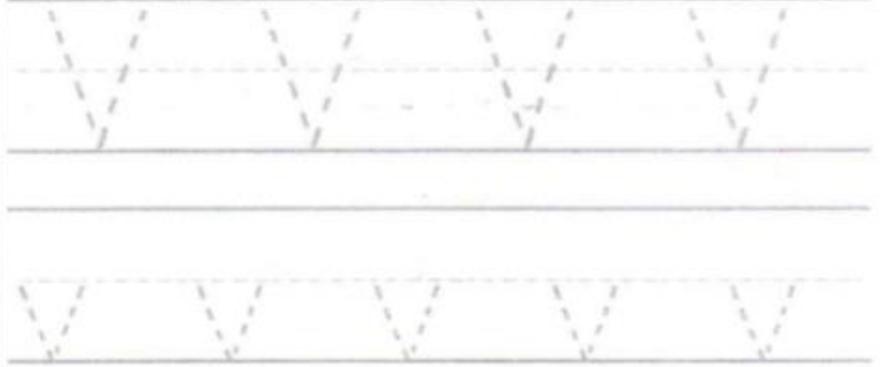
Color all the pictures with this letter sound.



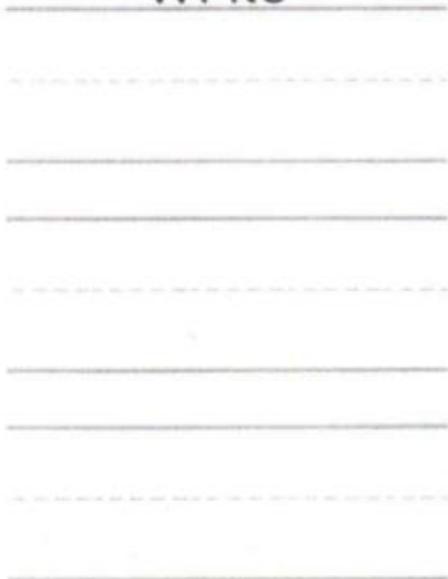
Name _____



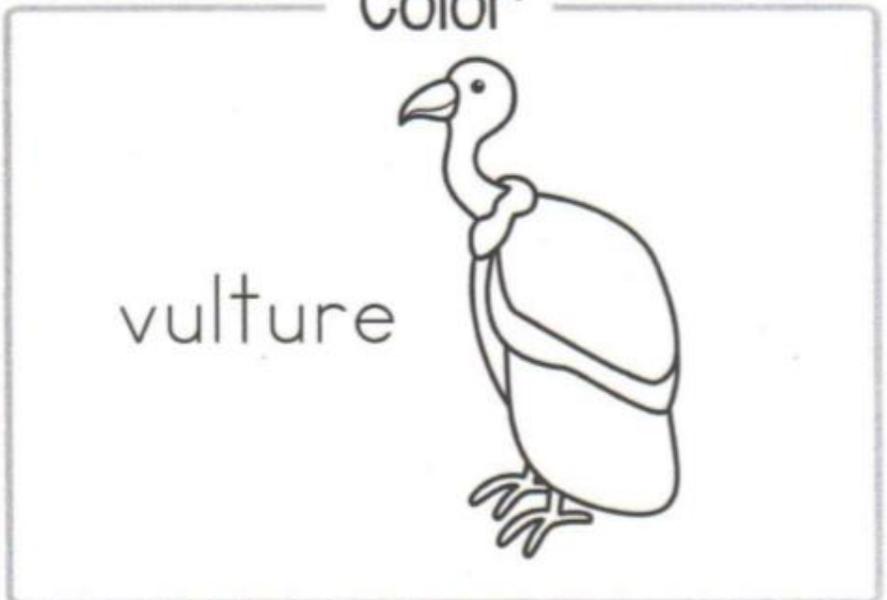
Trace



Write

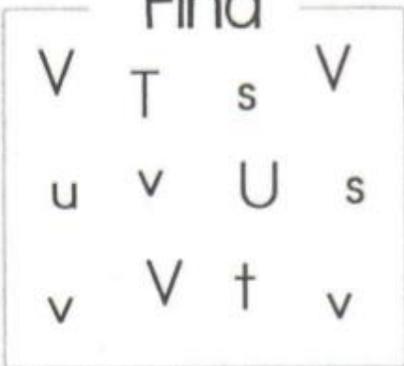


Color

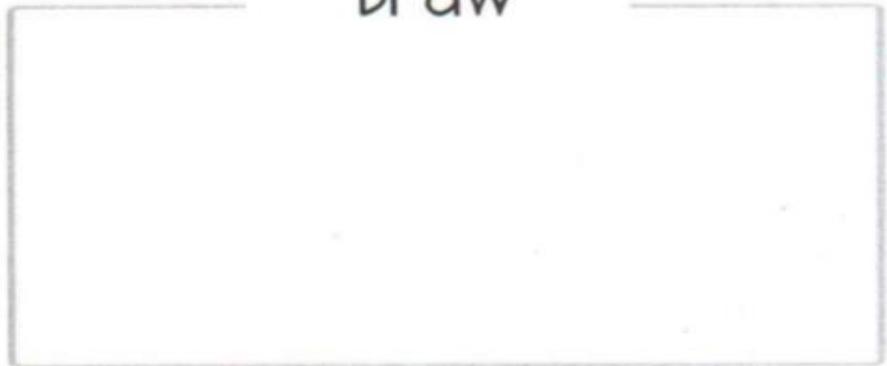


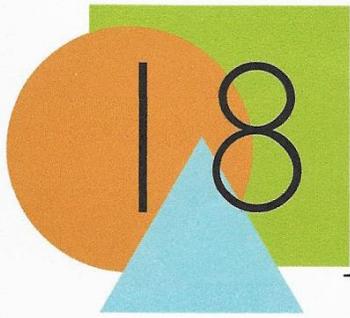
Images Credit: Ink n Little Things

Find



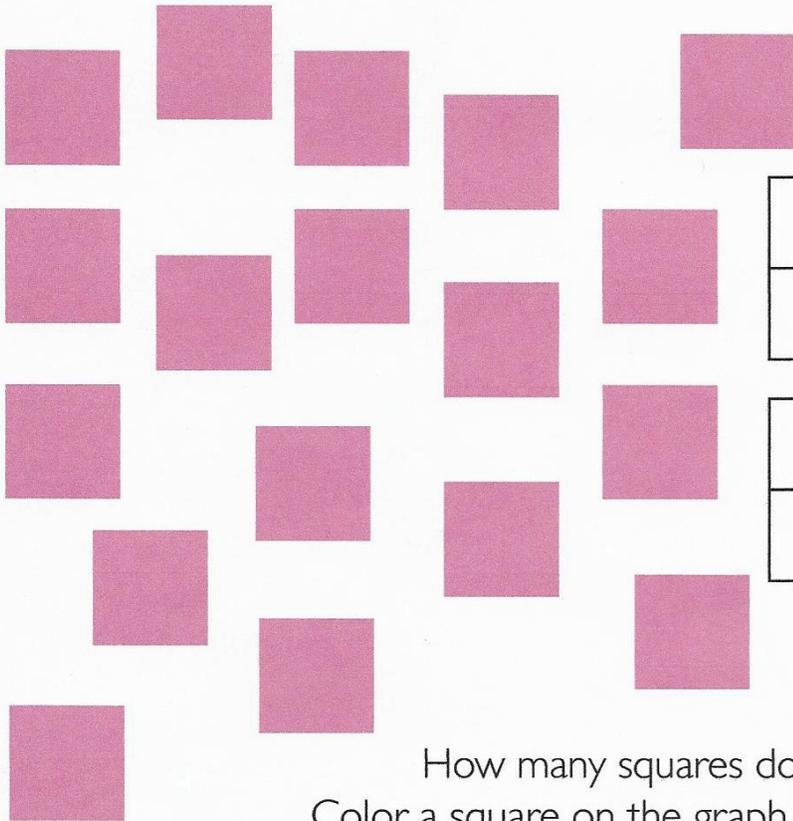
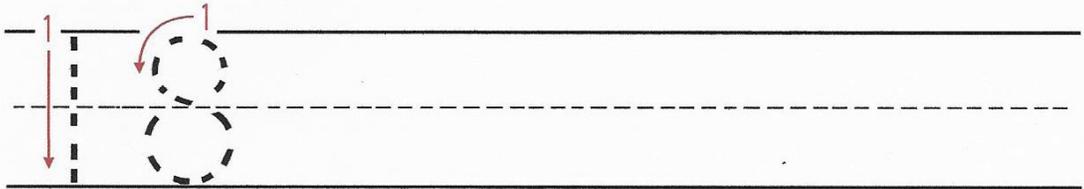
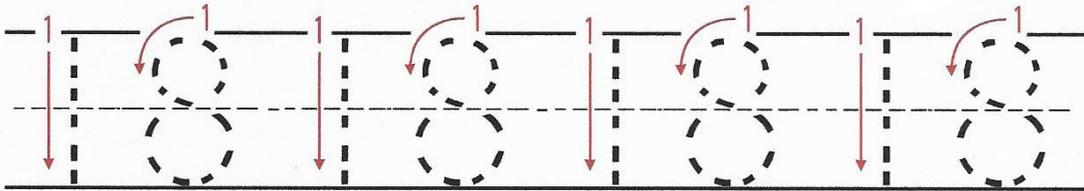
Draw



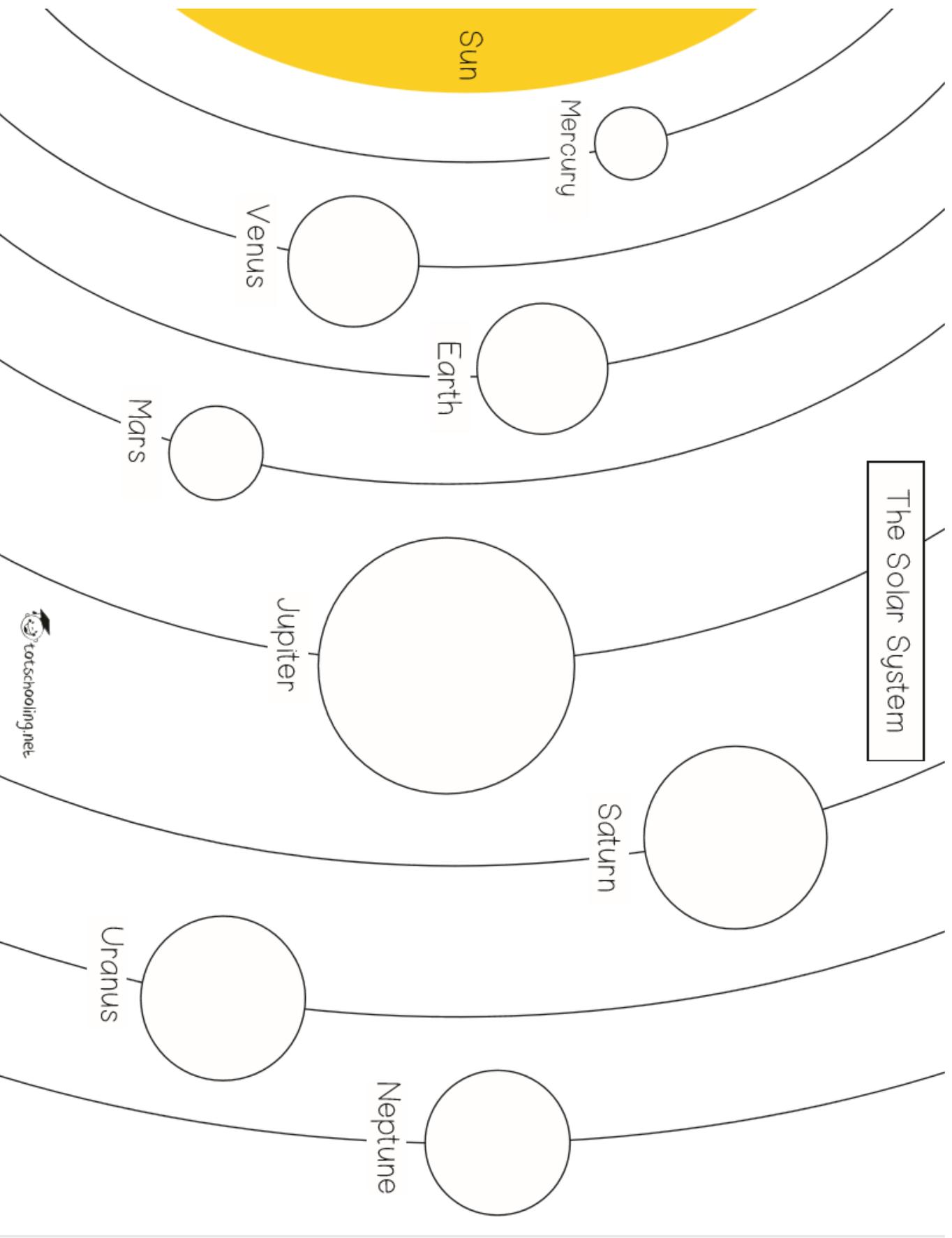


Eighteen

Trace the number 18, then write your own.



How many squares do you see?
Color a square on the graph for each square.



The Solar System

Sun

Mercury

Venus

Earth

Mars

Jupiter

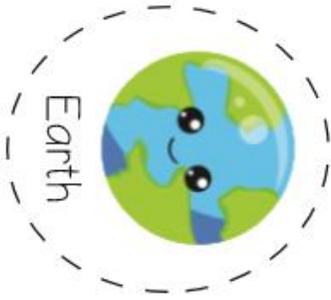
Saturn

Uranus

Neptune



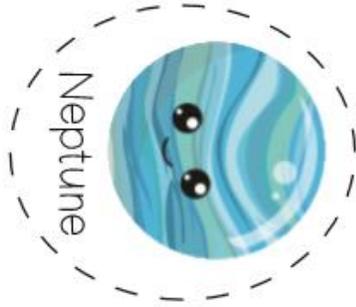
Jupiter



Earth



Mars



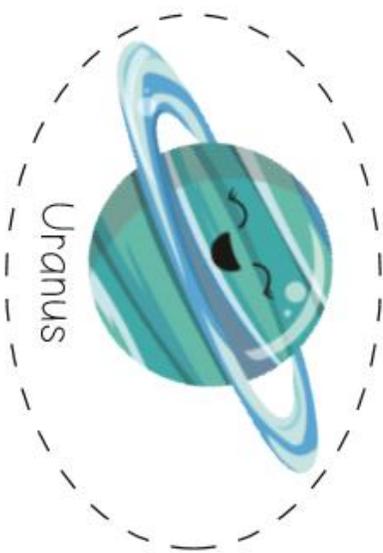
Neptune



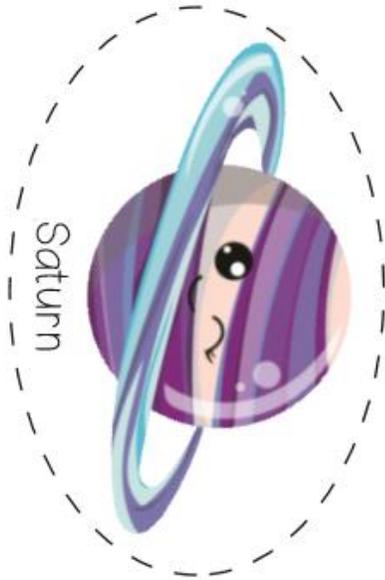
Venus



Mercury



Uranus



Saturn

Number the stars in order from 0-10 to help the astronaut reach the moon. Three have been done for you.

