Adult Beginning Ice Skating

8 weeks • Ages 16–Adult

Has someone told you that you are too old to ice skate? Let's prove them wrong! Whether you've always wanted to ice skate but never tried, or you used to skate and want to get back into it, join us for some fun. You will learn basic skating skills, gain confidence, and learn to feel comfortable on the ice.

Instructor: Ice-Plex Staff

#2624.300	W	6:30–7:00 p.m.	9/19–11/7	**$85	ICE

***Includes skate rental & public skating from 3:15–5:15 p.m. on day of class*

Tae Kwon Do

12 weeks • Ages 6–Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial arts of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Judo (throwing and grappling), and basic weapons. Become more confident and learn basic self-defense techniques.

Instructor: Skip Leonard, 6th Degree Black, Certified by WT Federation, City of Escondido instructor for 25 years

#2613.312	M/Th	5:00–6:00 p.m.	*9/24–12/13	**$110	MCC
#2613.313	M/Th	6:15–7:15 p.m.	*9/24–12/13	**$110	MCC
#2613.314	M/Th	7:30–8:30 p.m.	*9/24–12/13	**$110	MCC

**No class on 11/12 & 11/22*

***Martial arts uniform is required and may be purchased from the instructor for $20*

Tennis

5/7 weeks • Ages 15–Adult

Beginners (Beg.): Covers forehand, backhand, service, rules, and court etiquette for the beginning player.

Intermediate (Int.): Focuses on ground strokes and use of spins, volley, footwork, and positioning. Players should be able to rally, play out points, and have some match experience.

Advanced (Adv.): Emphasis is on advanced net play and doubles movement with a partner, for the intermediate player moving toward tournament play.

Instructor: Andre Rerolle, USTA certified and assistant tennis coaches

Session 1

#2401.315 Beg.	W	6:00–7:30 p.m.	9/5–10/3	$58	KCP 7&8
#2401.316 Int/Adv.	W	7:30–9:00 p.m.	9/5–10/3	$58	KCP 7&8

Session 2

#2401.325 Beg.	W	6:00–7:30 p.m.	10/10–11/7	$58	KCP 7&8
#2401.326 Int/Adv.	W	7:30–9:00 p.m.	10/10–11/7	$58	KCP 7&8

Session 3

#2401.335 Beg.	W	6:00–7:30 p.m.	*11/14–12/19	$58	KCP 7&8
#2401.336 Int/Adv.	W	7:30–9:00 p.m.	*11/14–12/19	$58	KCP 7&8

7 Week Class

#2401.317 Int.	Sa	8:30–10:00 a.m.	9/8–10/20	$76	MVP 1&2
#2401.327 Int.	Sa	8:30–10:00 a.m.	*10/27–12/15	$76	MVP 1&2

**No class on 11/21 & 11/24*

Escondido Recreation Adult Softball League

Winter 2018 • 8 week season plus playoffs

Divisions

All players must be 18 years of age to play in adult leagues unless otherwise posted for + divisions.

- Monday—Coed A, B, C, & D
- Tuesday—Women's Open, Coed A, B, & C
- Wednesday—Men's Open
- Thursday—Men's 35+ A & B
- Friday—Men's A, B, C, & D

Fee

- Team Fees—$300, Winter 2018
- Umpire & Scorekeeper Fees—$20 per game per team

Season	Game Days	Registration Open	Registration Closes	Schedule Hand-Out	Season Dates
Winter 2018	M–F	August 27, 2018	September 21, 2018	September 26, 2018	October 1–December 14, 2018

Registration packets for coed, men's & women's leagues will be available by email, at City Hall, or on our website at recreation.escondido.org. For more information, call (760) 839-4691.

Escondido Girls Softball

January 2019 - Spring Season

Beginners and Advanced Skill Levels

TAKE ADVANTAGE OF EARLY REGISTRATION DISCOUNTS!

Registration Online Begins October 1st!

6 and Under		Ages 7 to 14	
October 1st to November 30th	$110	October 1st to November 30th	$145
December 1st to January 5th	$130	December 1st to January 5th	$165
After January 5th	$150	After January 5th	$185

WALK-IN REGISTRATION

January 5th, 2019
Round Table Pizza - Escondido
1161 E. Washington Avenue
Email webmaster@egsl.org to receive current EGSL news and information!

Escondido Girls Softball League is dedicated to teaching girls softball at every level from beginning fundamentals to higher skilled play while learning good sportsmanship skills in a competitive environment.

Come out and play a great sport, have fun, learn about the importance of teamwork and commitment – plus make new friends that will last a lifetime!

www.egsl.org

East Valley Community Center Gym Activities

East Valley Community Center, 2245 East Valley Parkway

Looking to play a little pick-up basketball, spike a volleyball, swat a birdie, or hit a pickleball, then the EVCC gym is the place for you!

What: Basketball, Volleyball, Badminton, and Pickleball

When: Mondays–Sundays

Who: All Ages or Adults Only–depending on open gym schedule
All players under the age of 18 must have an emergency card on file

Fee: $3 per person entering the gym, per visit.
No charge for spectators accompanying minors
Ask us about Open Gym Card for cost savings!

For the most recent schedule updates, call (760) 839-4382 or visit recreation.escondido.org/open-gym.aspx

Gym schedule is subject to change without notice.

Pee Wee Play Time

Created for experts in rolling, crawling, waddling, and trotting! This open gym time is just for you and your favorite explorer!

Your child can crawl through tunnels, run through obstacles, and throw balls while enjoying music and socializing with other children. All activities are parent-led and self-guided. Drop in for 30 minutes or stay for a couple of hours.

Every Wednesday • 8:30 a.m.–12:00 p.m.

Ages 0–5 • $3 for first child, each additional child $1

Location: EVCC • (760) 839-4382

Escondido Recreation Youth P.A.L. Basketball League

Coed Divisions • 8 week season

Divisions	Cost	Fall 2018
• B: 2005–2007 Birth Years	**$55	#4131.303
• C: 2008–2009 Birth Years	**$55	#4131.302
• D: 2010–2011 Birth Years	**$55	#4131.301

Practices:
1–hour practice, once a week
Tuesdays between 6:00–9:00 p.m.
Wednesdays between 6:30–8:30 p.m.

Games:
Saturdays
East Valley Community Center,
2245 East Valley Parkway, Escondido, 92027

Season	Game Days	Registration Open	Registration Closes	Season Dates
Fall 2018	Saturday	July 30, 2018	August 18, 2018	September 22–December 1

First practice will be September 4 or 5, 2018

**Division C and D players will be assigned to teams. Division B players will have a draft, run by the coaches on August 25, 2018.*

***Selected volunteer coaches will receive one FREE registration for their child.*

More information can be found on our website at recreation.escondido.org

Escondido Skate Park

SCOOTER • BIKE • SKATE • INLINE

Escondido Sports Center, 3315 Bear Valley Parkway

The Skate Park sessions are designed with extreme sports in mind. If you want to ride scooter, skateboard, inline, or bike, this is the place for you! Each session is supervised by staff who can boost skills from beginning to advanced riders.

Equipment:	Helmet (required), Knee & elbow pads (optional)
ESC I.D. Card:	$10
$10 Casual (one-day):	Requires a one-day waiver signed. (If a minor, parent must sign)
All Sessions:	$5 with ESC I.D. card

Spring/Summer Hours (March 11–November 4, 2018)	
Monday–Friday	3:00–5:00 p.m. 5:00–7:00 p.m. 7:00–9:00 p.m.
Saturday–Sunday	1:00–3:00 p.m. 3:00–5:00 p.m. 5:00–7:00 p.m. 7:00–9:00 p.m.

Winter/Spring Hours (November 5–March 10, 2019)	
Monday–Friday	3:00–5:00 p.m. 5:00–7:00 p.m.
Saturday–Sunday	1:00–3:00 p.m. 3:00–5:00 p.m. 5:00–7:00 p.m.

Bonus Winter Break Sessions

Scooter • Skate • Inline • Bike

December 26–28, 2018
Wednesday–Friday,
1:00–3:00 p.m.

January 2–4, 2019
Wednesday–Friday
1:00–3:00 p.m.

First Try Sundays

FREE

Join us on the first Sunday of each month from 12:00–1:00 p.m.

Learn how to scooter in a safe, supportive, and comfortable environment with expert instructions from an experienced rider. This program is designed to teach the new rider fundamentals, scooter safety, skate park etiquette and flow, ramp skills, and beginner trick progression. No prior experience needed.

Contact the SDSF Pro Shop for scooter rental options at sdsfproshop@gmail.com.

Follow us on Instagram!
@EscSportsCenter

Like us on Facebook!
@EscSportsCenter

Call (760) 839-5426 or visit sportscenter.escondido.org for more information.

Youth Arena Soccer Leagues

Seasons	Registration Dates	Season Dates	Registration Fee
Fall 2018	July 23– September 10, 2018	September 27– December 15, 2018	Ages 3–4: $85 Ages 5–14: $90
Winter 2019	October 8, 2018– January 4, 2019	January 17– March 16, 2019	Ages 3–4: $75 Ages 5–14: $80

The Escondido Sports Center Youth Arena Soccer League is a great first step for those kids looking to try out soccer. Our program focuses on teaching the fundamentals of the game in a safe noncompetitive environment. We prioritize participation and learning over winning, when everyone plays, everyone learns. Once fundamental skills are learned, the focus becomes about developing those skills to a more competitive level. *You will be contacted the week before the season begins with your team assignment.*

Divisions	Primary Day & Time (Approximate)	Alternate Day & Time (Approximate)
3 & 4 years	Saturday, 8:30 a.m.–2:00 p.m.	n/a
5 & 6 years	Thursday, 4:30–8:00 p.m.	Saturday, 8:30 a.m.–2:00 p.m.
7 & 8 years	Friday, 4:30–8:00 p.m.	Saturday, 8:30 a.m.–2:00 p.m.
9–11 years	Thursday, 4:00–8:00 p.m.	Friday, 4:00–8:00 p.m.
12–14 years	Friday, 4:00–8:00 p.m.	Saturday, 12:00–2:00 p.m.

See sportscenter.escondido.org or call (760) 839-5426 for more information.

Lil Sluggers Baseball

Lil Sluggers is a child development program created to introduce children to the game of baseball. Lil Sluggers classes develop important skills such as throwing, catching, hitting, and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting, and positive environment.

Majors • 3–4 years **Hall of Famers** • 5–6 years

Lil Kickers Soccer

Lil Kickers is a national, non-competitive child development program for boys and girls ages 18 months to 9 years. Your kids will have a blast learning the fundamentals of soccer plus a whole lot more. Lil Kickers experienced instructors use creative, high energy games to build self-esteem, coordination and the perfect preparation for youth recreational leagues.

Bunnies . . . . . 18–24 Months (Parent/Child)
Thumpers. . . . . 2–3 Years (Parent/Child)
Cottontails . . . . 2½–3½ Years (Parent/Child)
Hoppers . . . . . 3–4 Years (Beginner)
Jackrabbits . . . . 3–4 Years (Intermediate)
Big Feet . . . . . 5–6 Years (Beginner)
Micro League. . . 4–5 Years (Instruction/Scrimmage)
Micro League. . . 6–9 Years (Instruction/Scrimmage)
Skills Level 1 . . . 5–6 Years (Micro Experience Only)
Skills Level 2 . . . (Skills/Experience Only)

Now Accepting Registration

For more information on Lil Kickers and Lil Sluggers and to register call (858) 748-4260 or visit us online at www.ncspsoccer.com

Fall Youth Roller Hockey League

Join SD Inline Hockey for an exciting season of organized roller hockey! Roller hockey is a great way to develop hockey skills, get physically fit, meet new friends, and bond in a team environment.

Fall Season: September 6–November 17, 2018

Registration: July 20–August 24, 2018

Fee: Youth–$75 per player
Junior High/High School–$175 per player

Game Days: Youth (8 & Under/10 & Under)–Saturdays
Junior High School–Fridays
High School–Wednesdays & Thursdays

Practice Days: Youth (8 & Under/10 & Under)–Wednesdays
Junior High School–Tuesdays
High School–TBA

For more information or to register, visit www.sdinlinehockey.com/

For questions, please email daryn@sdinlinehockey.com

For more information contact registration@districthockey.com

Thanksgiving Basketball Handling & Shooting Clinic

3 Days • Ages 6–13

This 3–day coed basketball camp by National Academy of Athletics is designed to make you more confident with the basketball. Ball handling drills, shooting fundamentals, defense, passing, team concepts and many other skills based instructional programs will be combined with games and other small sided competitions. Come join our experienced staff and walk away a better player! This camp features days filled with fun challenges, games and daily competitions in a positive and energetic environment.

Instructor: National Academy of Athletics Coaches

Camp Dates: November 19–21, 2018

Half Day: 9:00 a.m.–12:00 p.m. • $99

Full Day: 9:00 a.m.–3:00 p.m. • $149

Location: Escondido Sports Center

Features RSBQ Workouts, Confidence Builders Program, Daily Chalk Talks and Skill of the Day.

To register, call (866) 907-7678 or visit www.NationalAcademyOfAthletics.com

Open Skate

All ages are welcome! Open Skate is the perfect environment to practice your skating, stick handling, shooting, and other hockey skills and techniques.

Sessions: Tuesdays from 3:00–4:00 p.m.
Thursdays from 3:00–4:00 p.m.
Saturdays from 9:00–10:00 a.m.

Fee: $5 per participant

All participants must have a valid Sports Center ID Card or Liability Waiver on file. Must wear all hockey equipment, helmet included. All participants, 14 and under, must be supervised by parent/guardian at all times.

Adult Pick-Up Hockey

Our Pick-Up Hockey sessions are an awesome way to get a game together! These two hour sessions are perfect for new players looking for a team or current players looking for some extra rink time during the week!

Sessions: Thursdays from 8:00–10:00 p.m.

Fee: $2 per player

All participants must have a valid Sports Center ID Card or Liability Waiver on file. Must wear all required hockey equipment, helmet required.

Adult Roller Hockey Leagues

Gear up for the 2018 Fall roller hockey league set to begin in September–December 2018. This league includes all levels of play which includes four divisions: Novice, Intermediate, Advanced and 30+. Games are played on Sunday, Monday, and Tuesday evenings. If you do not have a team please call our office to be placed on an interest list.

Fall Season: September 9–December 4, 2018
*No games week of November 19

Registration: July 29–August 27, 2018

Fee: $950 per team (up to 12 players)

Game Days: 30+ Sundays
Advanced–Mondays
Intermediate–Tuesdays
Novice–Tuesdays

Call the Escondido Sports Center for detailed information at (760) 839-5426.

Escondido Community Services

See pages 24–25 for registration information.